



ACTIVITIES TO IMPROVE EYE-HAND COORDINATION

SUGGESTED ACTIVITIES:

- Card games, peg games, checkers.
- Finger painting, sand paintings, drawings.
- Macaroni bracelets.
- Jacks, marbles.
- Puzzles.
- Pick up sticks, barrel of monkeys, operation.
- Mosaic crafts.
- Paper ring chains.
- Coloring books, dot-to-dot books, cutting and pasting.
- Tracing letters or shapes in sandpaper, clay and various textures.
- Using stencils.
- Paper airplanes, paper fans.
- Finger puppets, finger games (itzy bitzy spider), hand shadows on wall.
- Tearing pictures out of magazine and making a collage.
- Clap bubbles.
- Throw ball into target (on a wall or a wastebasket) or knock targets down.
- Catch (with large and small balls), bounce a large ball on the ground.
- Flashlight games- follow the light while it slowly moves along the wall.
- Write name or draw pictures on the driveway with chalk.
- Hit a suspended beach ball or yarn ball.
- Video games, computers, typewriters.
- Balloon games.