



## Adaptive Equipment for Neurologic Patients to Improve Independence in Feeding

- Incorporation of affected upper extremity when possible
- Universal cuff with or without wrist support
- Weaving the utensil handle through the fingers
- Using a spork to eliminate need to change utensils
- Cutting with a serrated or rocker knife
- Attachable open bottom handle for cups
- Mobile arm support or suspension sling
- Stabilize plate on friction surface
- Weighted utensils for stability
- A plate guard or scoop dish prevents the food from being pushed off the plate
- Build up utensils
- Dycem



Reference: Occupational Therapy for Physical Dysfunction Seventh Edition by Mary Vining Radomski & Catherine A. Trombly